



# Centrals Juniors AFL Club

## Phase 3.0 - FINAL

MAIN OVAL TRAINING SCHEDULE						
Oval Position	TIME	MON	TUE	WED	THU	FRI
Top End (50m arc)	5:00pm - 6.00pm		COLTS		COLTS	
Middle 1/3 (Changeroom-Wing)			YG18		YG18	
Middle 1/3 (Storage Shed-Wing)			U8		U8	
Carpark End (Sports Club Pocket)			U12 Blue		U12 Blue	
Carpark End (Scoreboard Pocket)			U12 Red		U12 Red	

BACK OVAL TRAINING SCHEDULE						
Oval Position	TIME	MON	TUE	WED	THU	FRI
Cricket Net End	5:00pm - 6.00pm		U16		U16	
Middle 1/3 (Hill Side)			YG15		YG15	
Middle 1/3 (Carpark Side)			U10 Red		U10 Red	
Middle 1/3 (Avoid Pitch)			U10 Blue		U10 Blue	
Nathan St End (50m arc)			U14		U14	

Training Attendance log still required  
 BYO Waterbottle  
 1.5m Social Distancing all areas other than Oval

Full training activities (bumping/tackling/markings)  
 Changeroom access for Youth Only  
 Access to Gym permitted